

1 **Clinical Practice Guideline:** **Direction and Supervision of Physical Therapy,**
 2 **Occupational Therapy, and Speech Therapy**
 3 **Clinical Support Personnel**

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 5 **Date of Implementation:** **July 19, 2012**

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 7 **Effective Date:** **April 16, 2026**

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 9 **Product:** **Specialty**

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 11 **GUIDELINES**

12 Physical Therapists, Occupational Therapists, and Speech-Language Pathologists must
 13 comply with all their state’s laws and state’s practice act requirements regarding the use of
 14 clinical support personnel. State practice act information is available at www.apta.org,
 15 www.aota.org, and www.asha.org.

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 17 American Specialty Health – Specialty (ASH) has evaluated the guidelines related to the
 18 direction and supervision of Physical Therapy, Occupational Therapy, and Speech Therapy
 19 clinical support personnel and has adopted the following third-party guidelines in support
 20 of its Physical Therapy, Occupational Therapy and Speech Therapy Programs:

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 22 American Occupational Therapy Association. Guidelines for Supervision, Roles, and
 23 Responsibilities During the Delivery of Occupational Therapy Services. *Am J Occup*
 24 *Ther.* 2014;68(Suppl 6):S16-S22. Updated 2019. doi:10.5014/ajot.2014.686S03

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 26 American Physical Therapy Association. Direction and supervision of the physical
 27 therapist assistant (HOD P08-22-09-11) [Position]. Published 2022. Accessed February
 28 22, 2026. [https://www.apta.org/apta-and-you/leadership-and-](https://www.apta.org/apta-and-you/leadership-and-governance/policies/direction-supervision-pta)
 29 [governance/policies/direction-supervision-pta](https://www.apta.org/apta-and-you/leadership-and-governance/policies/direction-supervision-pta)

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 31 American Physical Therapy Association. Interventions performed exclusively by physical
 32 therapists (HOD P06-18-31-36) [Position]. Published 2018. Accessed February 22,
 33 2026. [https://www.apta.org/apta-and-you/leadership-and-](https://www.apta.org/apta-and-you/leadership-and-governance/policies/interventions-performed-exclusively-by-physical-therapists)
 34 [governance/policies/interventions-performed-exclusively-by-physical-therapists](https://www.apta.org/apta-and-you/leadership-and-governance/policies/interventions-performed-exclusively-by-physical-therapists)

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 36 American Physical Therapy Association. Supervision and Teamwork. Accessed February
 37 22, 2026. <https://www.apta.org/your-practice/supervision-teamwork>

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 39 American Speech-Language-Hearing Association. Speech-Language Pathology Assistant
 40 [Scope of Practice] (SLPA). Published 2022. Accessed February 22, 2026.
 41 <https://www.asha.org/policy/slpa-scope-of-practice/>