

1	<b>Policy:</b>	<b>Medical Necessity Review – Arkansas</b>
2	<b>Date of Implementation:</b>	<b>February 4, 2004</b>
3	<b>Product:</b>	<b>Specialty</b>

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## 7 **DEFINITIONS:**

8 *Credentialed Practitioner* – A credentialed practitioner is an employee, independent  
 9 contractor or is associated with a contracted provider in some way and in some instances;  
 10 a contracted provider may be a credentialed practitioner. A credentialed practitioner is a  
 11 practitioner who has been credentialed with American Specialty Health – Specialty (ASH)  
 12 and is duly licensed, registered or certified, as required, in the state in which services are  
 13 provided.

14  
 15 *Contracted Practitioner* – A contracted practitioner is a practitioner of health care services,  
 16 a group practice, or a professional corporation which or who has both been credentialed by  
 17 and contracted with ASH for the purpose of rendering professional services that are widely  
 18 accepted, evidence based, and best clinical practice within the scope of the contracted  
 19 practitioner’s professional licensure.

20  
 21 *Contracted Provider* – A contracted provider is any legal entity that (1) has contracted with  
 22 ASH for the provision of services to members; (2) operates facilities at which services are  
 23 provided; (3) is a credentialed practitioner or employs or contracts with credentialed  
 24 practitioners.

25  
 26 *Member* - A member or a member’s authorized representative, and a practitioner or facility,  
 27 if the practitioner or facility is acting on behalf of the member and with the member’s  
 28 written consent, collectively referred to as the “Member” throughout this policy.

29  
 30 *Adverse Benefit Determination* – A declination (which includes a denial, reduction, or  
 31 termination of, or a failure to make partial or whole payment) for a benefit, including any  
 32 such declination for that plan.

33  
 34 *Hospital Outpatient Physical Therapy, Occupational Therapy, or Speech Language*  
*35 Therapy Providers* – A Hospital Outpatient Physical Therapy (PT), Occupational Therapy  
 36 (OT), or Speech Language Therapy (SLP) provider delivers health care services in a  
 37 hospital-based outpatient setting.

38  
 39 *Site of Care Programs*- A Hospital Outpatient Physical Therapy, Occupational Therapy,  
 40 or Speech Language Therapy Site of Care (SOC) Program operationalizes medical policy  
 41 which document the clinical presentation and situations where care of the patient

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**AR UM 2 Revision 22 – S**

Medical Necessity Review – Arkansas

**Revised – December 18, 2025**

To SPW for review 11/17/2025

SPW reviewed 11/17/2025

To POC KPT for review 11/19/2025

POC KPT reviewed and recommended for approval 11/19/2025

To QOC for review and approval 12/18/2025

QOC reviewed and approved 12/18/2025

1 appropriately continues service in the Hospital Outpatient PT, OT, and SLP department or  
2 affiliated clinic. If criteria are not met, patients are redirected/transitioned to an in-network  
3 non-hospital based PT/OT/SLP clinic setting or virtual setting.

4  
5 Additionally, with respect to group health plans, a declination for a benefit resulting from  
6 the application of any medical necessity review, as well as a failure to cover an item or  
7 service for which benefits are otherwise provided because it is determined to be  
8 experimental or investigational or not medically necessary or appropriate.

9  
10 **OVERVIEW**

11 Medical necessity review determinations are based on professionally recognized standards  
12 of care and are made by appropriately trained, peer clinical quality evaluators or Arkansas-  
13 licensed physicians (MD/DO), as applicable who work within their scope of practice.  
14 These determinations include verification of medical necessity, assessment of quality of  
15 care, evaluation of appropriate levels of care, and coordination and provision of alternate  
16 care. Clinical quality evaluators maintain an active, current, valid and unrestricted license,  
17 certificate, or registration in their specialty in a state or territory of the United States, with  
18 professional education, training, and experience commensurate with the clinical service  
19 evaluations they conduct. Clinical quality evaluators are qualified and knowledgeable to  
20 perform medical necessity verifications.

21  
22 Unless expressly allowed by state or federal laws or regulations, clinical quality evaluators  
23 are located in a state or territory of the United States when evaluating a medical necessity  
24 review determination.

25  
26 Based on their individual job descriptions, clinical quality evaluators report to either a  
27 clinical Team Manager, the Director, Clinical Quality Evaluation or the Director,  
28 Rehabilitation Services through to the Senior Vice President, Clinical Services, the Senior  
29 Vice President, Rehab Services, or a Senior Medical Director. The Senior Vice President,  
30 Clinical Services, Senior Vice President, Rehab Services and Senior Medical Directors, in  
31 coordination with the Director, Clinical Quality Evaluation and the Director, Rehabilitation  
32 Services, are responsible for the oversight of clinical operations, clinical staffing and  
33 training, and clinical decision-making processes and procedures by the clinical review  
34 staff. The Senior Vice President, Clinical Services, Senior Vice President, Rehab Services  
35 and Senior Medical Directors, with support from the Director, Clinical Quality Evaluation  
36 and the Director, Rehabilitation Services, ensure that clinical review staff are qualified to  
37 render a clinical opinion about the medical condition, treatment and procedures under their  
38 review.

39  
40 All submitted treatment/services for evaluation and verification of medical necessity are  
41 processed according to approved policies and procedures. ASH Clinical Practice

1 Guidelines (CPG) used to support determinations are available free of charge to  
2 practitioners and members at ASH's website or upon request.

3  
4 Practitioners are assigned to a team of clinical quality evaluators who evaluate submissions  
5 for treatment/services. This promotes consistent dialogue between the clinical quality  
6 evaluators and the practitioners. Clinical quality evaluators become familiar with  
7 practitioner practice patterns and may identify opportunities for improvement.

8  
9 Practitioners have the opportunity, either before or after determinations have been  
10 rendered, to contact their clinical quality evaluation management team or Arkansas-  
11 licensed physicians (MD/DO) at any time during normal operating hours to discuss service  
12 evaluation determinations, including clinical adverse benefit determinations.

13  
14 The first name and first initial of last name, clinical credentials, telephone number, and  
15 telephone extension of the clinical quality evaluator or Arkansas-licensed physicians  
16 (MD/DO) who made the actual determination is included in the communication of the  
17 determination to the practitioner. In the event of a pre-service adverse benefit  
18 determination, the written notice shall identify each state in which the Arkansas-licensed  
19 physician (MD/DO), is licensed and the license number issued by each state. Practitioners  
20 are encouraged to contact that clinical quality evaluator to discuss clinical services issues  
21 related to the determination.

22  
23 Practitioners are ensured independence and impartiality in making referral decisions that  
24 will not influence:

- 25 • Hiring
- 26 • Compensation
- 27 • Termination
- 28 • Promotion, or
- 29 • Any other similar matters

30  
31 ASH clinical quality evaluators are not permitted to interfere with the referral process as it  
32 relates to patient care.

33  
34 **Pre-certification**

35 Pre-certification (mandatory pre-service medical necessity verification) may be required  
36 for certain services under applicable client benefit plans or as required by state law. Pre-  
37 certification determinations are made by appropriately trained clinical personnel relying on  
38 professionally recognized standards of care and current evidence-based criteria. At this  
39 time, there are no programs that require pre-certification in the state of Arkansas.

1 **MEDICAL NECESSITY REVIEW**

2 Members have direct access to credentialed practitioners for treatment/services unless  
 3 benefit design, client agreements, state mandates, and/or regulatory requirements  
 4 necessitate a referral.

5 **Site of Care Review**

6 SOC reviews operationalize medical policy where criteria document the clinical  
 7 presentation situations where care of the patient can continue in the Hospital Outpatient  
 8 PT, OT, and SLP department or affiliated clinic. If criteria are not met, patients are  
 9 redirected/transitioned to an in network non-hospital based PT/OT/SLP clinic setting or  
 10 virtual setting.

11  
 12 Review of SOC criteria may be supported by automated protocols considering provider  
 13 submitted clinical case data. Automation systems analyze patient data presented by the  
 14 treating provider against a binary set of criteria for consideration of approval for medically  
 15 necessary services to be provided in the Hospital Outpatient PT, OT, and SPL setting. For  
 16 any situation where policy criteria are not met, provider clinical case data is sent to a  
 17 credentialed clinical peer for review against policy criteria. At no time are AI based  
 18 machine learning or algorithm supported processes used to make clinical denials or  
 19 redirection/transitioning care final decisions or appeal decisions.

20  
 21 All SOC denials are rendered by an appropriate clinician and are appealable. After the SOC  
 22 decision and adjudicating any subsequent appeals, ASH will apply its normal MNR process  
 23 as described throughout its UM policies.

24 **Site of Care Timelines Standards**

Type of Submission	Decision Time Frame	Notification Time Frame
Site of Care	Within one (1) business day of receipt of the request.	<u>Practitioner:</u> <u>Approvals/Transitions:</u> Written notification within one (1) business day of receipt of the request.  <u>Member:</u> <u>Approvals/Transitions:</u> Same day verbal notification, followed by written or electronic confirmation within one (1) day of receipt of the request.

Type of Submission	Decision Time Frame	Notification Time Frame
		For transitions, the notification to the member will identify convenient non-hospital based PT/OT/SLP clinics that the member may select from.

1  
2 **Evaluation of Medical Necessity of Treatment/Services**  
3 ASH maintains a Clinical Performance System (CPS) that defines the appropriate level of  
4 quality and clinical services oversight required for each practitioner based on both clinical  
5 and administrative criteria. Depending on contractual arrangement, a practitioner  
6 performance evaluation may allow the practitioner to render certain treatment/services to  
7 members without submitting those treatment/services and appropriate documentation to  
8 ASH for verification of medical necessity. If the member requires more treatment/services  
9 than are available within the applicable tier level, a Medical Necessity Review Form (MNR  
10 Form) must be submitted for verification of medical necessity of those additional  
11 treatment/services by a clinical quality evaluator.

12  
13 Clinical quality evaluators evaluate the relevant member and clinical information  
14 submitted on MNR Forms to verify the medical necessity of submitted treatment/services.  
15 The clinical quality evaluators follow approved clinical practice guidelines and criteria  
16 when determining the medical necessity of submitted treatment/services and will accept  
17 information from any reasonably reliable source that will assist in the evaluation process.  
18 If a submitted treatment/service is exceptionally specialized, ASH will consult with  
19 specialists in the identified area of expertise to assist in the evaluation. In such cases where  
20 the consultation is done by a Medical Doctor or Doctor of Osteopathic Medicine (MD/DO),  
21 the expert reviewer will hold applicable board certification. ASH will provide the identity  
22 of the expert reviewer to the member upon request.

23  
24 There are no financial or other incentives paid to clinical quality evaluators or expert  
25 reviewers that encourage decisions resulting in under-utilization. ASH does not make  
26 decisions regarding hiring, promoting or terminating clinical quality evaluators or other  
27 individuals based on the likelihood or perceived likelihood that the clinical quality  
28 evaluators or other individuals would support or tend to support the denial of benefits.

29  
30 Providers/practitioners are paid on a contracted fee-for-service basis and do not receive  
31 financial or other incentives that result in under-utilization.

32  
33 ASH does not require prior authorization. ASH recommends that the provider/practitioner  
34 submit required MNR Forms within three (3) days of the date(s) of service; however, forms  
35 must be submitted no more than 180 calendar days from the date(s) of service. The

1 provider/practitioner has the option of submitting the MNR Forms prior to the delivery of  
2 treatment/services. The provider/practitioner is contractually required to deliver all  
3 medically necessary treatment/services.

4

5 The following exceptions apply to the 180 calendar day submission timeline:

- 6 1. If there is third party liability and the third party denies reimbursement, the  
7 provider/practitioner may submit the MNR Form to ASH within 30 calendar days  
8 of the date of the third-party denial notice.
- 9 2. If extraordinary circumstances exist and are demonstrated upon appeal. An  
10 extraordinary circumstance is when a health care practitioner or facility has  
11 determined and can substantiate that it has experienced a significant disruption to  
12 normal operations that materially affects the ability to conduct business in a timely  
13 manner and to submit MNR Forms on a timely basis.

14

15 Medical Necessity/Benefit Administration (MNA) processes submitted forms and verifies  
16 member eligibility. MNA enters the frequency, duration, and type of treatment/service  
17 information into ASH's proprietary clinical services management database system,  
18 Integrated Health Information System (IHIS) and assigns the file to a team of clinical  
19 quality evaluators.

20

21 ASH documents the date when it receives an MNR Form from a Member, even if the MNR  
22 Form does not have all the information necessary to make a decision, and the date of the  
23 decision notification, in ASH's proprietary database. The request is considered to be  
24 received upon arrival to ASH, even if it is not first received by the ASH MNA department.

25

26 For post-service requests, a peer clinical quality evaluator evaluates the clinical  
27 information submitted by the provider/practitioner to verify medical necessity, taking into  
28 consideration the local delivery system and the individual needs of the member. The  
29 evaluation determination made by the clinical quality evaluator is entered and tracked in  
30 IHIS.

31

32 For pre-service requests, if the clinical quality evaluator's determination is to approve all  
33 submitted treatment/services as medically necessary, the evaluation determination is  
34 entered and tracked in IHIS. In the event, upon preliminary assessment, the clinical quality  
35 evaluator is unable to approve all submitted treatment/services as medically necessary, the  
36 request when applicable will be forwarded to an Arkansas-licensed physician (MD/DO)  
37 for determination, according to the Adverse Determination description below.

38

39 If MNR Forms are submitted without the necessary clinical or administrative information,  
40 clinical quality evaluators or MNA staff attempt to obtain the missing information by  
41 calling the provider/practitioner. If ASH is unable to make a determination due to missing

1 necessary information, the time period for making the decision may be extended (see  
2 “Clinical Services Timelines Standards” chart).

3  
4 If a practitioner, member or the member’s authorized representative does not follow ASH’s  
5 reasonable filing procedures for requesting a pre-service verification of the medical  
6 necessity of submitted treatment/services, ASH notifies the practitioner or member of the  
7 failure and informs them of the proper procedures to follow when requesting services. For  
8 urgent pre-service reviews, ASH notifies the practitioner or member within 24 hours of  
9 receiving the request for services. For non-urgent pre-service reviews, ASH notifies the  
10 practitioner or member within five (5) calendar days of receiving the request for services.  
11 Notification may be verbal, unless the practitioner, member or the member’s authorized  
12 representative requests written notification.

13  
14 ASH will not deny a Non-Urgent Pre-Service or Urgent Pre-Service request that requires  
15 medical necessity review for failure to follow filing procedures.

16  
17 ASH does not routinely require physicians and other practitioners to numerically code  
18 diagnoses or procedures to be considered in the evaluation but may request such codes, if  
19 available.

20  
21 ASH administers a process through proprietary information tracking systems to allow  
22 access to all clinical and demographic information on individual patients among its various  
23 clinical and administrative departments that have a need to know, to avoid duplicate  
24 requests for information from members or practitioners.

### 25 **Experimental or Investigational Treatment**

26 Services related to experimental or investigational treatments for a terminal, life  
27 threatening, or seriously debilitating condition are evaluated according to approved ASH  
28 clinical criteria. If a case requires specialty evaluation, an appropriate referral of either the  
29 case evaluation or the patient to a clinical expert in the applicable specialty is made when  
30 ASH is delegated for this function. In cases where ASH is not delegated, the case is referred  
31 to the member’s health plan.

### 32 **Adverse Benefit Determination**

33 For post-service requests, during the verification of medical necessity, clinical quality  
34 evaluators may determine that the submitted treatment/services are not medically  
35 appropriate, are not necessary, or do not meet ASH-approved clinical guidelines. These  
36 determinations are based solely on medical necessity and reflect the appropriate application  
37 of approved professionally recognized standards of practice guidelines and criteria.

38  
39 For pre-service requests, during the verification of medical necessity, clinical quality  
40 evaluators may make preliminary assessments that the submitted treatment/services are not

1 medically appropriate, are not necessary, or do not meet ASH-approved clinical guidelines.  
2 The review will then be forwarded to an Arkansas-licensed physician (MD/DO) who holds  
3 a current and valid license to practice medicine in the state of Arkansas for determination.  
4 These determinations are based solely on medical necessity and reflect the appropriate  
5 application of approved professionally recognized standards of practice guidelines and  
6 criteria.

7  
8 For post-service requests, only peer clinical quality evaluators, who hold an active, current,  
9 valid and unrestricted license, certification or registration, or MD/DOs, who hold an active,  
10 current, valid and unrestricted license, as required by law, make clinical adverse benefit  
11 determinations, based on medical appropriateness.

12  
13 The provider may contact the reviewing physician regarding the adverse determination  
14 within one (1) business day of receipt for an urgent service, or within two (2) business days  
15 of receipt for nonurgent service to discuss the patient's treatment plan and the clinical basis  
16 for the intervention. Following the discussion, ASH will advise the provider whether or not  
17 the adverse determination remains the same or the service is approved. The notice will be  
18 provided within one (1) business day of the discussion for an urgent service, or two (2)  
19 business of the discussion for a nonurgent service. Nothing about this discussion will  
20 replace or eliminate the availability of the ability to file a grievance or appeal.

21  
22 Administrative adverse benefit determinations may occur for reasons other than medical  
23 necessity (nonmedical denial) and may not require peer review.

24  
25 Administrative adverse benefit determinations are typically made on treatment/services  
26 submitted for verification for the following reasons:

27     • The provider is not contracted and/or the practitioner is not credentialed.  
28     • The member is not eligible during all or part of the dates of treatment/service.  
29     • The treatment/service is not a covered benefit.  
30     • The member's benefits have been exhausted.

31  
32 Clinical quality evaluators will not issue an adverse benefit determination due to missing  
33 necessary information without first attempting to obtain this information from the provider  
34 or treating practitioner.

35  
36 **Reopen (Peer-to-Peer Conversation)**

37 The reopen process offers providers/practitioners an opportunity to submit additional  
38 information, via telephone, fax or through the secure electronic submission of a  
39 Reopen/Modification Form, to support the medical necessity of treatment/services that  
40 were previously evaluated and resulted in an adverse benefit determination and to request  
41 a re-evaluation of those treatment/services.

1 A request for a reopen must be received within 60 calendar days of the returned date or  
2 within 60 calendar days of the last approved date of service on the MNR Response Form  
3 (MNRF). Decisions and notifications of reopens are completed within timelines  
4 established in the “Clinical Services Timelines Standards” chart. The reopen process  
5 provides the opportunity for the practitioner to discuss an adverse benefit determination  
6 with the clinical quality evaluator or Arkansas-licensed physician (MD/DO), as applicable.  
7 If the practitioner continues to disagree with the determination, the provider/practitioner  
8 may appeal the determination in accordance with the guidelines in the *Provider and*  
9 *Practitioner Appeals and Grievances – Arkansas (AR UM 5 – S)* policy. The reopen process  
10 is an optional and voluntary process and does not inhibit the right of the  
11 provider/practitioner to appeal any adverse benefit determination.  
12

### **Additional Service Request (Modifications)**

ASH providers/practitioners may request verification of medical necessity for additional treatment/services or additional time to render treatment/services, beyond those already submitted, reviewed, and decided. This may include a date extension or the submission of additional treatment/services not requested at the time of the original submission (e.g., x-rays, supports, office visits). As these services were never previously submitted for medical necessity review, this is considered a new request (i.e., new services or new dates of service). Additional services are managed in the same manner as an initial request, inclusive of submission, decision, and notification timeframes. The request may be submitted via telephone, fax, or through the secure electronic submission portal. If the request includes any services previously reviewed and determined not to be medically necessary, the request is processed according to the reopen process as defined in this policy.

### **Right to File an Appeal or Grievance**

If the member, member’s authorized representative, or provider/practitioner acting on behalf of the member with the member’s written consent chooses to appeal an adverse benefit determination or payment determination, the procedure explained in the *Member Appeals and Grievances – Arkansas (AR UM 4 – S)* policy is followed.

If the provider/practitioner, acting on his/her own behalf, chooses to appeal an adverse benefit determination or payment determination, the procedure explained in the *Provider and Practitioner Appeals and Grievances – Arkansas (AR UM 5 – S)* policy is followed.

### **NOTIFICATION OF DETERMINATIONS**

If information on the attending or treating practitioner was not provided with the request for medical necessity review, or the request was from a facility, rather than a practitioner, ASH will attempt to identify the treating practitioner and will document its attempts in ASHCore.

1      **Treatment/Service Approval**

2      If verification of medical necessity results in a 100% approval of services, a MNRF is  
3      generated and provided by fax, mail, or secure electronic mailbox to the practitioner, and  
4      a Member Response Form (MRF) is generated and mailed to the member, according to  
5      applicable state, federal, accreditation, and/or contract or delegation requirements.

6  
7      The notification letter is written in a manner that is understandable to the member and  
8      includes:

9            • The unique case identifier (reference number);  
10           • The specific reason(s) for the determination;  
11           • Reference to the specific plan provisions on which the determination is based; and  
12           • Date of service, or if pre-service review, then an indication that a pre-service  
13           authorization request has been approved.

14  
15      ASH provides written notification for all determinations and will provide additional copies  
16      of the determination notification upon request from the practitioner or member.

17  
18      **Treatment/Service Adverse Benefit Determination**

19      Practitioners are notified of the adverse benefit determination via the MNRF, by:

20            • Secure ASH/practitioner web portal, or  
21           • Secure electronic mailbox; or  
22           • Fax; or  
23           • Mail; or  
24           • Telephone, including leaving a voicemail, if ASH documents the name of the  
25           individual at ASH who notified the treating practitioner or left the message and date  
26           and time of the notification or voicemail.

27  
28      The MNRF contains the clinical rationale and/or benefit provision for the determination,  
29      information on how to appeal, and the clinical quality evaluator's first name and first initial  
30      of last name, clinical credentials, toll-free telephone number and telephone extension.  
31      The MNRF will identify:

32            • The unique case identifier (reference number);  
33           • The enrollee and the nature of his/her medical condition;  
34           • The medical service, treatment, or procedure in question;  
35           • For pre-service requests, the name, title, address, toll-free telephone number and  
36           telephone extension of the Arkansas-licensed physician (MD/DO) responsible for  
37           making the adverse determination, along with a listing of each state in which the  
38           Arkansas-licensed physician (MD/DO), is licensed and the license number issued  
39           by each state; and  
40           • The basis or bases on which the utilization review agent determined that the service,  
41           treatment, or procedure is or was not medically necessary or

1 experimental/investigational in clear and ordinary terms. The explanation will  
2 include without limitation:

- 3 • A listing of clinical criteria
- 4 • Any internal rule, guideline or protocol relied upon
- 5 • The reason the provisions relate to the Member's specific medical  
6 circumstances

7  
8 ASH provides the practitioner the opportunity to discuss the adverse benefit determination  
9 with the clinical quality evaluator or Arkansas-licensed physician (MD/DO), as applicable,  
10 within one business day of the practitioner's request or with a different clinical peer if the  
11 reviewing clinical quality evaluator or Arkansas-licensed physician (MD/DO), as  
12 applicable, cannot be available within one business day. The provider/practitioner may  
13 appeal the determination in accordance with the guidelines in the *Provider and Practitioner*  
14 *Appeals and Grievances – Arkansas (AR UM 5 – S)* policy.

15  
16 When a practitioner is registered on ASHLink (a secure ASH/practitioner web portal) to  
17 receive benefit determinations, the practitioner is given the option to receive the  
18 notification via secure electronic mail. The practitioner is advised to check the web portal  
19 regularly. ASH also documents the date and time when the benefit determinations are  
20 posted to the web portal.

21  
22 The provider/practitioner has access information to the member's adverse benefit  
23 determination notification, which includes appeal rights using ASH's ASHLink website.  
24 For provider/practitioners that are not registered on ASHLink, ASH will mail a hard copy  
25 of the member's adverse benefit determination notification, which includes the member's  
26 appeal rights.

27  
28 Members are informed of adverse benefit determinations of submitted treatment/services  
29 according to applicable state, federal, accreditation, and/or contract or delegation  
30 requirements. The notification letter includes information regarding the member's appeal  
31 rights and process based on delegation agreements.

32  
33 The notification letter is written in a manner that is culturally and linguistically appropriate  
34 and understandable to the member and includes:

- 35 • The unique case identifier (reference number);
- 36 • Date of service, or if pre-service review, then an indication that a pre-service  
37 authorization request has been denied;
- 38 • The specific reason(s) for the determination;
- 39 • Reference to the specific plan provisions on which the determination is based;
- 40 • A description of any additional material or information necessary to complete the  
41 submission and an explanation of why such material or information is necessary;

- 1     • A description of the member’s appeal rights, including the right to representation,  
2         and the time limits to submit an appeal [according to the timelines specified in the  
3         *Member Appeals and Grievances – Arkansas (AR UM 4 – S) policy*];  
4     • The right to submit written comments, documents, or other information relevant to  
5         the appeal;  
6     • Information regarding the right to submit a request for an expedited appeal  
7         determination with any practitioner’s support;  
8     • The designated Appeal and Grievance department’s mailing address, telephone  
9         number, and fax number, based on delegation agreements;  
10    • How a member may request, free of charge, reasonable access to and copies of any  
11         documentation related to the determination, including a copy of the report from the  
12         utilization review;  
13    • Clinical rationale associated with the decision including the following:  
14         ○ The internal rule guideline, protocol, benefit provision or other similar criterion  
15         relied upon in making the determination; or  
16         ○ A statement that such rule, guideline, protocol, benefit provision, or other  
17         similar criterion was relied upon in making the determination and a statement  
18         that a copy of such will be provided to the Member, upon request and free of  
19         charge by contacting the Customer Service Department at 800-678-9133 or on-  
20         line at [www.ashlink.com](http://www.ashlink.com);  
21    • An explanation of the scientific or clinical judgment for the determination, applying  
22         the terms of the plan to the Member’s medical circumstances if the adverse benefit  
23         determination is based on the medical necessity or experimental treatment or  
24         similar exclusion or limitation;  
25    • Information regarding the availability of, and contact information for, any  
26         applicable office of health insurance consumer assistance or ombudsman to assist  
27         members with the appeals and external review processes;  
28    • The address and telephone number of the Arkansas State Medical Board, the State  
29         Board of Health, and the State Insurance Department;  
30    • Information regarding the availability of diagnosis and treatment codes and  
31         descriptions;  
32    • A notice regarding the availability of language assistance; and  
33    • As applicable, additional member health information.

34  
35    For pre-service requests, the name, title, address, toll-free telephone number and telephone  
36         extension of the Arkansas-licensed physician (MD/DO) responsible for making the adverse  
37         determination, along with a listing of each state in which the Arkansas-licensed physician  
38         (MD/DO), is licensed and the license number issued by each state.

1 The notification will also include a statement that informs members and their treating  
2 practitioners that expedited external review can occur simultaneously with the internal  
3 appeals process for urgent care.

5 ASH provides written notification for all determinations and will provide additional copies  
6 of the determination notification upon request from the practitioner or member.

7  
8 If the provider notifies ASH that it failed to comply with authorization requirements, ASH  
9 must follow one of the following options:

- 10 • Issue the authorization;
- 11 • Re-send a request for additional information that the provider has not responded to;  
12 or
- 13 • Refer the case to the Arkansas Insurance Department.

14  
15 If the case is referred to the Arkansas Insurance Department, the Department may conduct  
16 an investigation and hold a hearing. If the Department determines that ASH has failed to  
17 comply, ASH may be ordered to not only issue the requested authorization, but may also  
18 be required to pay for the cost of the hearing and/or a monetary penalty. The Department  
19 may take additional action if ASH fails to comply frequently enough to be considered a  
20 general business practice.

## 22 **Decision and Notification Time Frames**

23 Decisions to approve or not approve reimbursement for health care treatment/services are  
24 made in a timely fashion appropriate for the nature of the member's condition, taking into  
25 account the urgency of individual situations. Decisions are made in accordance with the  
26 "Clinical Services Timelines Standards" chart. If the practitioner chooses to submit clinical  
27 information for the purpose of an optional pre-service verification of medical necessity, the  
28 ASH decision is made in a timely fashion appropriate for a pre-service evaluation but no  
29 later than time frames required by accreditation standards and/or state and/or federal  
30 regulation in accordance with the "Clinical Services Timelines Standards" chart.

31  
32 For decision and notification time frames of service evaluations, ASH adheres to applicable  
33 regulations and standards as mandated by the Department of Labor (DOL), URAC,  
34 National Committee for Quality Assurance (NCQA), and Centers for Medicare and  
35 Medicaid Services (CMS) – Medicare Advantage, and applicable Arkansas state law.

36  
37 To meet state mandates and regulatory requirements, the time frames for processing MNR  
38 Forms for the verification of medical necessity of submitted treatment/services may require  
39 modification.

40  
41 When conducting medical necessity reviews, ASH requires only the sections(s) of the  
42 medical record necessary in that specific case to verify medical necessity of submitted

1 treatment/services. ASH does not routinely request copies of all medical records on all  
 2 patients reviewed.

3

4 **Transition to Other Care**

5 ASH assists members in the transition to other care in the event the member's benefits end  
 6 or are exhausted during an active course of treatment. The member is notified of additional  
 7 benefits that may be available to them through their health plan/medical plan carrier at the  
 8 time benefits are no longer available through ASH.

9

10 **Continuity of Care and Transition of Care**

11 Continuity of Care support is implemented when a patient is receiving care from an ASH  
 12 contracted provider/practitioner and for some reason the provider/practitioner is no longer  
 13 contracted with ASH or otherwise unable to provide in-network services to the patient.

14 Transition of Care support is implemented to support a member who is either new to the  
 15 health plan and/or transitioning to a new plan and may have a previously approved plan of  
 16 care from another health plan.

17

18 For additional information on continuity of care or transition of care, please see the  
 19 *Continuity of Care and Transition of Care (QM 12 – S)* policy.

20

21 **Clinical Services Timelines Standards**

22 Commercial (Non-Medicare)

23

24

Type of Submission	Decision Time Frame	Notification Time Frame
True Pre-Service	See Non-Urgent Pre-Service for decision time frames	See Non-Urgent Pre-Service for notification time frames
Non-Urgent Pre-Service	Within two (2) business days of receipt of all necessary information to make the authorization or adverse benefit determination.  <i>If ASH fails to comply with these timeframes or other Arkansas requirements, the prior authorization is deemed approved.</i>	<u>Member and Practitioner:</u> Within two (2) business days of receipt of all necessary information to make the authorization or adverse benefit determination.: <ul style="list-style-type: none"> <li>• Secure ASH/practitioner web portal; or</li> <li>• Secure electronic mailbox; or</li> <li>• Fax; or</li> <li>• Mail; or</li> <li>• Telephone, including leaving a voicemail, if</li> </ul>

Type of Submission	Decision Time Frame	Notification Time Frame
	<p><b><i>Requests for Additional Information</i></b></p> <p>If ASH is unable to make a decision due to lack of necessary information, ASH may extend the decision time frame for up to 15 calendar days under the following conditions:</p> <ul style="list-style-type: none"> <li>• Within two (2) business days of the MNR Form submission, ASH asks the Member for the specific information necessary to make the decision.</li> <li>• ASH gives the Member at least 45 calendar days to provide the information.</li> </ul>	<p>ASH documents the name of the individual at ASH who notified the treating practitioner or left the message and date and time of the notification or voicemail.</p> <p><b><u>Member and Practitioner:</u></b> Written or electronic confirmation within two (2) business days of making the decision, not to exceed five (5) calendar days from receipt of the MNR Form submission.</p> <p><b><i>Requests for Additional Information</i></b></p> <p>Within two (2) business days of the receipt of the MNR Form submission, ASH will notify the Member of what specific information is necessary to make the decision. ASH will specify the time period given to the Member to provide the information.</p> <p>In addition, the notification will include the expected date of ASH's determination.</p> <p>For notification timeframes related to extensions, please see the Request for Additional Information section in the Decision Time Frame column to the left.</p>

Type of Submission	Decision Time Frame	Notification Time Frame
	<p>The extension period within which a decision must be made by ASH and notification sent to the member and practitioner begins:</p> <ul style="list-style-type: none"> <li>• On the date when ASH receives the member's response (even if not all the information is provided); or</li> <li>• At the end of the time period given to the member to provide the information, if no response is received from the Member.</li> </ul> <p>ASH may deny the request if it does not receive the information needed to make a decision within this time frame. At this point, the Member can request an appeal.</p>	
Urgent Pre-Service	<p>Within 24 hours of receipt no later than one (1) business day after receiving all information needed to complete the review.</p> <p><b><i>If ASH fails to comply with these timeframes or other Arkansas requirements, the prior authorization is deemed approved.</i></b></p>	<p><u>Practitioner:</u> Within 24 hours of making the decision, by:</p> <ul style="list-style-type: none"> <li>• Secure ASH/practitioner web portal; or</li> <li>• Secure electronic mailbox; or</li> <li>• Fax; or</li> <li>• Mail; or</li> <li>• Telephone, including leaving a voicemail, if ASH documents the name of the individual at ASH who notified the treating practitioner or left the</li> </ul>

Type of Submission	Decision Time Frame	Notification Time Frame
	<p><b>Requests for Additional Information</b></p> <p>If ASH is unable to make a decision due to lack of necessary information, ASH may extend the decision time frame once for up to 48 hours, under the following conditions:</p> <ul style="list-style-type: none"> <li>• Within 24 hours of the MNR Form submission, ASH asks the Member for the specific information necessary to make the decision.</li> <li>• ASH gives the Member at least 48 hours to provide the information.</li> </ul> <p>The extension period within which a decision must be made by ASH and notification sent to</p>	<p>message and date and time of the notification or voicemail.</p> <p><b>Member and Practitioner:</b> Verbal, electronic, or written notification within 24 hours of the MNR Form submission. If initial notification was verbal, electronic or written notification will be sent no later than 72 hours of the MNR Form submission.</p> <p><b>Requests for Additional Information</b></p> <p>Within 24 hours of the receipt of the MNR Form submission, ASH will notify the Member of what specific information is necessary to make the decision. ASH will specify the time period given to the Member to provide the information.</p> <p>In addition, the notification will include the expected date of ASH's determination.</p> <p>For notification timeframes related to extensions, please see the Request for Additional Information section in the Decision Time Frame column to the left.</p>

Type of Submission	Decision Time Frame	Notification Time Frame
	<p>the member and practitioner begins:</p> <ul style="list-style-type: none"> <li>• On the date when ASH receives the member's response (even if not all the information is provided); or</li> <li>• At the end of the time period given to the member to provide the information, if no response is received from the Member.</li> </ul> <p>ASH may deny the request if it does not receive the information needed to make a decision within this time frame. At this point, the Member can request an appeal.</p>	
Emergent	N/A	<p><u>Member and Practitioner</u> The member or practitioner has 24 hours to notify ASH (or the next business day after a holiday or weekend) that emergency services were provided.</p> <p><u>Practitioner:</u> Written notification is required from the practitioner to ASH within 72 hours to certify medical necessity of the emergency services provided.</p>
Concurrent	A request to extend a course of treatment beyond the period of time or number of treatments previously approved by ASH is handled as a new request and decided	

Type of Submission	Decision Time Frame	Notification Time Frame
	within the timeframe appropriate to the type of decision (i.e., non-urgent pre-service, urgent pre-service and post-service).	
Post-Service	<p>Within 30 calendar days of receipt of the MNR Form submission.</p> <p><b>Requests for Additional Information</b> If ASH is unable to make a decision due to lack of necessary information, ASH may extend the decision time frame for up</p>	<p><u>Practitioner:</u> Within 30 calendar days of the MNR Form submission by:</p> <ul style="list-style-type: none"> <li>Secure ASH/practitioner web portal; or</li> <li>Secure electronic mailbox; or</li> <li>Fax; or</li> <li>Mail; or</li> <li>Telephone, including leaving a voicemail, if ASH documents the name of the individual at ASH who notified the treating practitioner or left the message and date and time of the notification or voicemail.</li> </ul> <p><u>Member and Practitioner:</u> Electronic or written notification within 30 calendar days of the MNR Form submission.</p> <p>If a post-service evaluation is partially approved and the member is not at financial risk, ASH is not required to notify the member.</p> <p><b>Requests for Additional Information</b> Within 30 calendar days of the receipt of the MNR Form submission, ASH will notify the Member of what specific information is necessary to</p>

Type of Submission	Decision Time Frame	Notification Time Frame
	<p>to 15 calendar days under the following conditions:</p> <ul style="list-style-type: none"> <li>• Within 30 calendar days of the MNR Form submission, ASH asks the Member for the specific information necessary to make the decision.</li> <li>• ASH gives the Member at least 45 calendar days to provide the information.</li> </ul> <p>The extension period within which a decision must be made by ASH and notification sent to the member and practitioner begins:</p> <ul style="list-style-type: none"> <li>• On the date when ASH receives the member's response (even if not all the information is provided); or</li> <li>• At the end of the time period given to the member to provide the information, if no response is received from the Member.</li> </ul> <p>ASH may deny the request if it does not receive the information needed to make a decision within this time frame. At</p>	<p>make the decision. ASH will specify the time period given to the Member to provide the information.</p> <p>In addition, the notification will include the expected date of ASH's determination.</p> <p>For notification timeframes related to extensions, please see the Request for Additional Information section in the Decision Time Frame column to the left.</p>

Type of Submission	Decision Time Frame	Notification Time Frame
	this point, the Member can request an appeal.	

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